



**COAST YOUTH
COMMUNITY TRUST**



2023 Report

Note from the Leadership Team

As a leadership team we feel privileged to be part of CYC Trust and it's contribution towards the wellbeing of young people in 2023. The following pages display some figures illustrating what we achieved in 2023, but more importantly, beyond the numbers, there are individual young people we have been able to walk alongside, to help them discover hope and purpose for their future!

We had a few changes to our team in 2023, with new staff joining us to help meet the growing demands for our services. It has been great to welcome Vaughan, Cassandra and Torin to the team. Their arrival has enabled us to increase our impact and we have loved the contribution they have added to our team.

We also farewelled Olivia Huszak, our Director, late in the year and welcomed Adam Harris into the role of leading CYC Trust. We are so thankful for the work Olivia did as Director in 2023 and wish her success in her new community role in 2024 and beyond.

The final word from both the leadership & staff team must go out to our many valued supporters! We would not be able to walk with the people we do, without the generosity of the many people who support us financially. If you have been a supporter in 2023 (either large or small), we are incredibly thankful to you for partnering with us. The milestones and outcomes of 2023 are for yourselves, your organisations and us to celebrate – we achieved them together!



Adam
Team Leader



Sarah
Administrator &
Mentoring Coordinator



Kylah
Youth Service
Manager



Hannah
24-7 Youth Work
Manager

Who We Are

CYC Trust is committed to supporting rangatahi (young people) on the Hibiscus Coast. We partner with rangatahi through relationships, ensuring that they are seen and heard and helping them discover purpose and hope for their future. Our mission is to build resilient individuals and a stronger community.

We have been operating on the Hibiscus Coast since 2006.

Partnering with the local College, Police, Springboard, Ministry of Social Development, Upside Mentoring and many other community organisations.

We work through three key services to impact the lives of hundreds of young people lives each year.

- Youth Service (Young people not in work, education or young parents)
- 24-7 Youth Work in Whangaparāoa College
- Upside Youth Mentoring in the community

This report gives you a brief glimpse of the work that we carry out and the impact it has on the lives of young people.





youth service
ratonga taiohi

Life can be tough at times, and we all need support around us in life - someone to encourage us, to believe in us, and to celebrate with us.

Youth Service Coaches get to be that support for the young people they work with every day.

Youth Service coaches at CYC Trust spend time listening to young people, assisting them to create goals for their future, and then supporting them in reaching those goals. Young people's goals often include - getting a driver's license, searching for and maintaining employment, enrolling in further education, and improving their well-being.

There are three different avenues of youth service support we provide:

NEET Programme - for 16-17-year-olds who are either not in education, training, or employment, or are at risk of leaving.

Youth Payment - for 16-17-year-olds who aren't able to live with their parents or guardians.

Young Parent Payment - for young parents aged 16-19 years who are the main caregivers for a child/children.

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Janey, Ember Employment Consultant

“I have had the privilege of working alongside the fabulous team at Coast Youth Community Trust for the last 12 months. When it comes to working with rangatahi (young people), it requires patience, aroha (love), trust and consistency. The team at CYC Trust are flawless in their service delivery and are constantly striving for improved outcomes for our rangatahi. Working together in the community is key and the joint collaboration of engaging with the team at CYC has proved to be a huge success for all involved.”

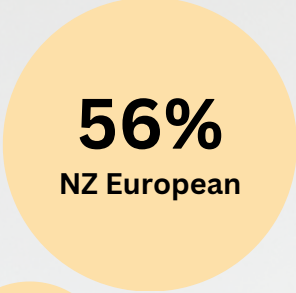
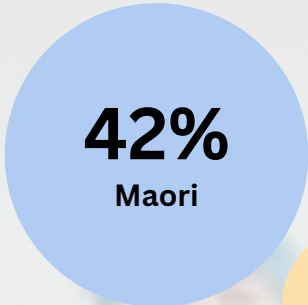
Together, we have been able to create a simple, tailored referral process for our local rangatahi who are experiencing mental health challenges and needing support with finding employment. The holistic and lifestyle focused support from the Youth Service Team has been able to transition into multiple successful employment outcomes with Ember Employment. We look forward to working with CYC Trust again in 2024 and we are so incredibly lucky to have such a dynamic team in the community.”

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youth service
ratonga taiohi

Young Peoples' Ethnicity 2023



Sergeant Jon Williams - Youth Aid

“CYC Trust plays such an important role in the community. They work in partnership with the Police to bring a level of passion, commitment and professionalism to the interactions they have with our at risk young people and this in turn creates real positive change and benefits all the community. They are great people doing great things for those most in need.”





24-7
YouthWork
Aotearoa

As a part of the '24-7 Youth Work' Network, our youth workers support young people in Whangaparāoa College through one-on-one mentoring and programmes focused on leadership development and building resilience. Youth workers intentionally facilitate connection between students with positive environments and events, and support staff to maintain a healthy learning environment.

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Steve McCracken, Whangaparāoa College Principal

Whangaparāoa College is delighted with the relationship we have with Coast Youth Community Trust (CYC). The Youth Worker team is an amazing resource that supports our young people to be better every day. CYC provides a well-balanced and unique approach to this that is responsive to the needs of our school as we continue to grow and develop.

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24-7
YouthWork
Aotearoa

3,314

hours of Youth Work

In 2023 for the first time ever we had a full-time youth worker in Whangaparāoa College.

For this youth worker, this gave increased capacity to mentor 20 young people each week (compared to the 6-10 mentoring relationships for a part time youth worker). It also allowed for CYC Trust to have a greater presence at school camps and activities, and also increased our ability to be more proactive in providing support as things arose for young people.

We strongly believe in presence-based youth work; being on site and being seen by young people. Having this youth worker available to respond when young people needed them has proven to be extremely valuable.

254

Friday Night
Event Attendees

Having partnered with the new Head of Guidance at Whangaparāoa College in 2023, we have designed four new 'Being You' programmes to support the young people in our community. These are curated to help young people better understand how valuable they are and discover more of their individual identity. We look forward to running these in 2024.

964

1:1 Mentoring Sessions

5

Youth Workers in
Whangaparāoa College

“

Naomi, Parent of Student at Whanagaparāoa College

"For our family, the team at CYC Trust changed our lives. Toby is an only child who has faced some tough trials in his short life. We have lost several loved ones in recent years, some of which were very sudden. One being a tour guide on Whaakari (White Island) and another was a young man of 17 who Toby loved like a brother. Losing JJ was particularly hard on Toby. The sudden loss in July 2022 didn't manifest for Toby until he was faced with a new school in Feb 2023, where he didn't know a soul. Preparing to tackle this new environment which was double the size of his North Shore primary school was always going to be a challenge, however it wasn't until he started that we realised his absolute terror at going each day was in fact severe separation anxiety.

In Toby's mind (partly due to the above losses), bad things happen to the people you love when you are away from them. He desperately wanted me to accompany him at school, but knew of course this was impossible. He felt particularly stressed if he knew both parents were going to be at work and not close by.

A chance conversation at work led to me being introduced to Hannah and her team. The term 'god send' has never been more apt. With their amazing caring focus, Toby started to feel safe. He started to feel that being at school was safe, and that we would remain safe whilst we were apart for the day. When he met Damo, a light came back on. Here was a young man who cared about Toby and made him feel seen and heard. He said to me one day that Damo made him feel happy, just like JJ did. This absolutely broke my heart, but made it whole again at the same time.

Toby then joined the Youth Group get togethers on the weekends and really enjoyed spending time with other young people. He was often the youngest but Toby seems to thrive and really loves it. Again this has been a nurturing environment in which Toby has been able to grow.

I can whole heartedly say again that CYC Trust and the Youth workers changed our lives. Toby went from a terror filled, panic stricken kid who cried under the steps at school to the Class Leader in a few short weeks. He stood up in class and presented a speech to gain votes, and the class voted unanimously for him. We have never felt prouder.

We as a family are forever grateful for the kindness and care we have had from CYC Trust Youth Workers. Toby was spiralling into a dark place very quickly at such a young age, but the team were able to catch him and lift him up, allowing him to grow and thrive."

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upside

youth mentoring

Upside Youth Mentoring connects 10-18 yr olds with the support of a volunteer mentor.

We work with young people who are referred to us from counsellors, social workers, psychologists and police, who believe that adding an additional positive role model into the young persons' life will help them to young person navigate their current challenges.

Our mentors journey alongside a young person for 12 months, meeting 1-2 hours every week. The focus of this time is building a caring and trusted relationship. Upside aims to promote the wellbeing and self-confidence of our young people in order to maximise their potential.

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“She is poles apart from when we first met! Our relationship feels like we are in a place where we both trust each other, and the banter goes both ways now! Toward her, and comes back at me too!”

Mentor

”

“

“My son is a different person since he has had a mentor – he doesn't carry the weight of the world on his shoulders anymore”

Parent of a Mentee

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25

Matches supported in 2023

592

hours of mentoring

6

New Mentors Trained

6

New matches made

Get Involved

CYC Trust is a charitable trust that operates on the generosity of Individuals, local businesses and grant funding. Each year as the demand grows, so does the cost of meeting the needs of young people in our area. Would you consider supporting us in 2024?

There's a number of ways you can support CYC Trust in 2024, some of which are mentioned below.

- Sign up to our email data base (email admin@cyctrust.org.nz) and follow us on Instagram & Facebook to stay tuned for what we are up to and any needs we have.
- Attend, promote and bring along friends to our fundraising events in 2024 (These will be promoted via email and social media)
- Consider becoming a Key Supporter. In 2024, we are needing an additional 12 businesses or individuals to donate \$2000 a year to continue the work we do. Could you be one of these?
- Do you know of local businesses who value community wellbeing that might be willing to support us? Could you connect us?

We are always grateful for one off donations of any size also. Details for this can be found on our website www.cyctrust.org.nz

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